** Strategic and Action Plan Template**

**Coalition:** Montgomery County Prevention Coalition

**Vision:** The vision of the Montgomery County Prevention Coalition is a Montgomery County, Ohio community where every individual lives a substance-free life with optimal mental health.

**Mission:** The mission of the Montgomery County Prevention Coalition is to mobilize Montgomery County, Ohio to prevent youth substance use and promote positive mental health through the implementation of evidence-based prevention strategies and community collaboration.

**Goal #1: Increase Community Collaboration:** *Establish and strengthen collaboration among communities, public and private non-profit agencies, as well as federal, state, local, and tribal governments to support the efforts of community coalitions working to prevent and reduce substance use and misuse among youth*

***Category:*** *Outreach and Networking*

**Objective: Increase the number of Coalition members *actively* serving on the Coalition from 200 to 220 members, a 10% increase, as measured by the Coalition membership form, by September 29, 2025.**

**Strategy 1:** Increase the number of requests for speaking engagements aimed at recruiting new members by 25%, based on the Coalition speaker request form.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| On-board and train 5 additional speakers to speak at recruiting events, lightening the load for staff and executive board | Coalition Manager, Coalition Training Coordinator | December 2024 |
| Create and post 12 social media posts to share that the Coalition is available to speak at committee events, posting on Facebook and Instagram | Communications Chair | Ongoing, 1 post a month from September 2024- September 2025 |
| Add a tagline to MCPC newsletters to let members know that speakers are available for other groups | Communications Chair | September 2024 |

**Strategy 2:** Increase the number of membership networking events for Coalition members by 50% to increase engagement and retention, as measured by the Coalition event list.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| Identify and ask 5 volunteers to host a networking event at their office space or a space of their choice | Executive Board | September 2024 |
| Plan a “summer fun” networking opportunity for Coalition members and their families | Executive Board | August 2025 |
| Encourage new connections to be built at Coalition meetings by creating new networking activities to be done before or during three regularly scheduled meetings | Executive Board | November 2024, March 2025, July 2025 |

**Category:** *Public Awareness and Education about Substance Use and Misuse Issues*

**Objective: Create one baseline measurement for the public perception related to substance use and misuse issues, as measured by creation and dissemination of the data collection tool, by September 29, 2025.**

**Strategy 1:** Create a pre-test survey to gauge public understanding of the dangers of substance use and misuse, eliciting 500 responses.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| Solicit questions from each of the 7 subcommittees regarding substance use and misuse to be included on the pre-test | Coalition Manager | September 2024 |
| Identify 20 venues that the survey should be distributed in | Coalition Advisory Committee | November 2024 |
| Distribute survey | Coalition Advisory Committee, All Coalition Members | November 2024- August 2025 |
| Collect and monitor results | Executive Committee | September 2025 |

**Strategy 2:** Increase the number of occurrences the Montgomery County Prevention Coalition is featured in the media to 40 annual occurrences by September 29, 2025, as measured by Montgomery County ADAMHS media reports.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| Communicate the objective to the various parties that will help promote and collect MCPC media opportunities | ADAMHS Communication Director, MCPC Communications Chair, Coalition Manager | September 2024 |
| Brainstorm upcoming media opportunities at each monthly Advisory Committee meeting | Executive Committee, Advisory Committee | Ongoing, monthly from September 2024-September 2025 |
| Send out 12 press releases, 1 per month, promoting upcoming MCPC events, initiatives or community concerns | Coalition Manager, ADAMHS Communication Director | Ongoing, monthly from September 2024-September 2025 |
| Respond promptly to media requests and engagements | Coalition Manager, ADAMHS Communication Director | Ongoing, as needed |

**Category:***Engagement of Populations Experience Health Disparities*

**Objective: Increase Coalition membership to be more representative of the community that we serve, increasing the 5 lowest represented sectors each by 10%, (business sector from 16 to 17, law enforcement from 6 to 7, media from 3 to 4, religious/fraternal organizations from 18 to 19, government agencies from 26 to 28) as measured by “sector representative” identifiers on the Coalition membership form, by September 29, 2025.**

**Strategy 1:** Review the zip code and sector representation we have on the Coalition membership form and develop a strategy to increase membership in 5 underrepresented areas of the community.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| Complete audit of current Coalition membership list and compare with County demographics to see where we are lacking participation | Assistant Coalition Manager | January 2025 |
| Identify five underrepresented areas of the community of focus for recruiting efforts | Executive Board | February 2025 |
| Present at full Coalition meeting to share underrepresented sectors and gather ideas and volunteers for outreach | Executive Board | March 2025 |
| Attend 10 community forums or town halls in the zip codes that lack representation to present on MCPC efforts and how individuals can get involved | Executive Board | September 2025 |

**Strategy 2:** Conduct intentional community outreach to engage disparate populations.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| Conduct targeted outreach within ten trusted community spaces, including farmers’ markets, community centers, federally qualified health centers, and cultural festivals | Coalition Assistant Manager, Vice President | September 2025 |
| Engage two more community members and non-prevention professionals impacted by mental illness and substance misuse to participate actively in leadership roles | Coalition Manager, Vice President | September 2025 |
| Disseminate translated outreach and engagement materials to reflect the population of focused engagement in areas frequented by those populations | Coalition Manager | September 2025 |

**Category:** *General Health and Safety-Related Activities*

**Objective: Partner with 15 agencies to promote health and safety-related activities across Montgomery County, by September 29, 2025, as measured by Coalition event tracking.**

**Strategy 1:** Have an MCPC resource table, training, or presence at 12 community events promoting health and safety in our community.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| Create and monitor Event Request Form for local agencies to request Coalition resources at their event | Coalition Manager, Assistant Coalition Manager | January 2025 |
| Review and approve/deny event requests, aiming for no more than 2 additional events each month | Executive Board | Ongoing/Monthly |
| Create sign-up genius to be emailed to Coalition members, garnering volunteer sign-ups to staff upcoming events | Coalition Manager, Assistant Coalition Manager | January 2025 |

**Strategy 2:** Participate in annual Community Health Improvement Plan (CHIP) review in conjunction with Public Health Dayton Montgomery County to ensure accurate public health data is released to the community.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| Participate in planning meetings to determine questions and research plan for Community Health Assessment | Coalition Manager | July 2025 |
| Provide annual feedback (or more if needed) on key performance indicators to Public Health Dayton Montgomery County | Coalition Manager, | Ongoing/Monthly |
| Promote annual CHIP release to Coalition members and community partners through email, social media and Coalition presentations to keep them aware of progress | Coalition Manager, Coalition Intern | September 2025 |

**Category:** *Coalition Communications and Branding*

**Objective: Ensure 15,000 individuals living in Montgomery County learn about the Montgomery County Prevention Coalition, as measured by information dissemination tracking document, by September 29, 2025.**

**Strategy 1:** Increase of engagement on social media platforms by 10% as measured by likes, shares and comments on Facebook and Instagram platforms.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| Optimize content by developing and utilizing a cohesive social media strategy to be shared among all Coalition members | Digital Communications Chair | January 2025 |
| Develop two social media campaigns with interactive elements ie. polls, quizzes, etc. and promote them on Facebook and Instagram | Digital Communications Chair | September 2025 |
| Create five multi-media shareable elements that foster community (reels, videos, etc.) to be shared on Facebook and Instagram, requiring engagement from social media followers | Digital Communications Chair | September 2025 |

**Strategy 2:** Increase reach of branding by 30%, as measured by Coalition website views, newsletter disbursement, and Annual Report disbursement.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
|  |  |  |
| Implement a digital form of the Coalition newsletter to be sent out prior to each Coalition meeting | Digital Communications Chair | November 2024 |
| Develop a branding guide with pre-made templates for flyers, posters, social media posts, etc. that Advisory members can use for marketing projects | Digital Communications Chair | March 2025 |
| Update Coalition website | Digital Communications Chair, Coalition Intern | March 2025 |
| Drive community members to Coalition website by using social media posts, ensuring the website is listed on all marketing materials, and through Coalition meeting reminders | Digital Communications Chair | September 2025 |
| Disburse Coalition Annual Report to list of elected officials, community behavioral health providers and Coalition members, reaching 250 people | Coalition Manager, Coalition Intern | September 2025 |

**Category:** Build Coalition Capacity to Collaborate

**Objective: Increase the number of Coalition members that have a prevention credential by 10%, from 84 to 92 members, as measured by Coalition membership form, by September 29, 2025.**

**Strategy 1:** Provide 5 free trainings for Coalition members that will help them reach their requirements for the next step of a prevention credential.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| Send out survey to determine Coalition members’ needs for credentialing | Training Coordinator | November 2024 |
| Research and book five trainings with trainers to be hosted throughout the year, including Ohio Certified Prevention Specialist test prep | Training Coordinator | January 2025 |
| Host five trainings | Training Coordinator | September 2025 |
| Report to Executive Board on number of Coalition members that have received a new credential | Training Coordinator | September 2025 |

**Strategy 2:** Create a mentor program to pair Coalition members with supervisors who can help them reach the next step in their credential process, as measured by mentor pairing spreadsheet.

|  |  |  |
| --- | --- | --- |
| **Activity** | **Who is responsible** | **By When?** |
| Update Coalition membership form with each Coalition members’ current credentials | Training Coordinator | November 2024 |
| Send out request form to members with an OCPS or OCPC to ask if they would be willing to mentor a fellow Coalition member | Training Coordinator | January 2025 |
| Create mentor pairings | Training Coordinator | February 2025 |
| Check in with mentors quarterly to provide support throughout the process and answer any questions they have | Training Coordinator | March 2025, June 2025, September 2025 |

**Strategic and Action Plan Template**

**Goal #2: Reduce youth substance use and misuse:** *Reduce substance use and misuse among youth and, over time, reduce substance use and misuse among adults by addressing the factors in a community that increase the risk of substance use and misuse and promoting the factors that minimize the risks of substance use and misuse.*

**Opioid Prevention Strategic Action Plan**

**Objective:** By December 31, 2025, reduce the number of 7-12th graders who said that they misused a prescription drug in the last 30 days to 2% (a 2% decrease), as measured by the Panorama Youth Survey.

**Strategy 1 - Provide Information**

**Educational presentations or other presentations of data (e.g., public announcements, brochures, dissemination, billboards, community meetings, forums, web-based communication).**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** |
| Create an informational campaign educating teens about the dangers of xylazine to promote on social media, reaching 1,000 individuals. | Pulling hits and amount of individuals on the page; Pull all data from interactions on social media site; utilize social media posts and boosted ads | NOVA Behavioral Health, Public Health Dayton Montgomery County | November 2024 and continue for a year (variable based on changing information on xylazine and other “new” types of drugs); new ads/posts every 2-3 months with changing climate in Montgomery County | IN PROGRESS |
| Create and promote “Spring Cleaning” ads to promote safe medication disposal, reaching 1,000  individuals | Pulling hits and amount of individuals on the page; Pull all data from interactions on social media site; utilize social media posts and boosted ads; billboards, radio | Ohio State University - Montgomery County Extension | June 2025 | NOT STARTED |

**Strategy 2 - Enhance Skills**

**Workshops, seminars or other activities designed to increase the skills of participants, members and staff needed to achieve population level outcomes (e.g., training, technical assistance, distance learning, strategic planning retreats, curricula development).**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Work with 10-15 schools to encourage them to implement Generation Rx trainings for their students | By the number of schools actively implementing Generation Rx (GESMV numbers) | Goodwill Easter Seals Miami Valley | August - May 2024-25 school year | IN PROGRESS |
| Host three trainings for JFS, Children’s Services and Kinship Care on providing support for families | Training Registration Lists | Greater Dayton Area Hospital Association, Ohio State University - Montgomery County Extension, Montgomery County ADAMHS | June 2025 | NOT STARTED |

**Strategy 3 - Provide Support**

**Supporting people in activities that reduce risk or enhance protection (e.g., providing alternative activities, mentoring, referrals, support groups or clubs).**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** |
| Expand DEA Take Back efforts to areas with food deserts, smaller local pharmacies, and college campuses, adding 3 new locations in vulnerable areas | Count the number of newly established locations. | Montgomery County ADAMHS | November 2025 | NOT STARTED |
| Select 6 already-existing resources (SBIRT, Camp Mariposa, Teens of Addicts, etc.) and promote them at community events (Overdose Awareness Day, etc.) | On a spreadsheet on Google Drive,  to count the number of resources used and when/where. | NOVA Behavioral Health | July  2024 | IN PROGRESS |

**Strategy 4 - Enhance Access/Reduce Barriers**

**Improving systems and processes to increase utilization of systems and services (e.g., assuring healthcare, childcare, transportation, housing, justice, education, safety, special needs, cultural and language sensitivity).**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** |
| Attach medication disposal information to 1,000 Deterra bags to be distributed across the community | Counting the number of disposal bags distributed at events. | Goodwill Easter Seals Miami Valley, Ohio State University - Montgomery County Extension | December 2025 | IN PROGRESS |
| Translate 4 Opioid Prevention committee materials to different languages based on languages of most need | Count the number of documents translated - add section for need; add measurable for reach for each of the four when decided | Miami Valley Interpreters | December 2024 | NOT STARTED |

**Strategy 5: Change Consequences**

**Changing the consequences for behavior that reduces risk or enhances protection against substance misuse (e.g., increasing public recognition for deserved behavior, individual and business rewards, taxes, citations, fines, revocations/loss of privileges).**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** |
| Promote “abundaboxes” to 25 providers and partnering agencies to encourage them to participate in the program | Spreadsheet with amount of providers that information is given to | Public Health Dayton Montgomery County | December 2024 | NOT STARTED |
| Offer incentives for 14 schools to participate in NDAFW and Red Ribbon Week campaigns | Spreadsheet with providers listed | Goodwill Easter Seals Miami Valley, East End Community Services | April  2025 | IN PROGRESS |

**Strategy 6: Change Physical Design**

**Changing the physical design or structure of the environment to reduce risk or enhance protection (Find areas of high substance use and create changes to lessen use, environment beautification/clean-up, increase lighting, add signage, implement positive messaging (murals, post-its, chalk art, etc.)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** |
| Provide 100 medication lockboxes to senior living homes and libraries | Documentation of amount of lockboxes provided by region |  | December 2025 | NOT STARTED |
| Conduct environmental scans of 25 local pharmacies based off Pharmacy Best Practice Guide | Map documenting where/which pharmaecies have been included in environmental scan | NOVA Behavioral Health, Goodwill Easter Seals Miami Valley, UMADAOP of Dayton | December 2024-April 2025 | NOT STARTED |
| Promote Pharmacy Best Practices to 10 local pharmacies to fill in gaps identified by environmental scan | Document which pharmacies have gaps based on environmental scan | Goodwill Easter Seals Miami Valley | December 2025 | NOT STARTED |

**Strategy 7**

**Modify or change policies.**

**Advocating for change of school, local, state or national policies to decrease substance use and improve mental wellness (letter writing campaign, meeting with school or political officials, providing testimony)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** |
| Work with 7 Montgomery County elected officials to advocate for a mandatory physician check-in after prescribing opioids | Spreadsheets, report out at MCPC Meetings, | Policy & Advocacy Committee | March 2025 | NOT STARTED |
| Send issue brief to pass Opioid Warning sticker policy at the state level | Sending of the Issue Brief | Policy & Advocacy Committee, Montgomery County Commission, Dayton Children’s Hospital | April 2025 | NOT STARTED |

**Suicide Prevention Strategic Action Plan**

**Objective:** By December 31, 2025 decrease the annual number of suicides in Montgomery County to **99 deaths** (2% decrease). Decrease the number of deaths under the age of 24 to **16 deaths** (1% decrease), as measured by Public Health Dayton Montgomery County data.

**Strategy 1 - Provide Information**

**Educational presentations or other presentations of data (e.g., public announcements, brochures, dissemination, billboards, community meetings, forums, web-based communication).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Launch a campaign to promote the 988 suicide hotline number, including the Veterans number, reaching 500 individuals. | Likes, Shares, Page Views Create a QR code | Dayton VA | Sept. 2024 | IN PROGRESS |  |
| Host an event with community leaders discussing the importance of suicide prevention, with 50 individuals in attendance. | Sign Up Sheet | NCCJ of Greater Dayton, MCPC Staff | September or October 2025 | NOT STARTED |  |
| Create a postvention school resource to assist schools after a suicide death or traumatic event, reaching 10 schools. | Sign Up Sheet | YWCA Dayton, Dayton Children’s Hospital, Montgomery County Juvenile Court, YouThrive Training & Consulting | Mid August 2024 | IN PROGRESS |  |
| Disseminate remaining Soft Barriers flyers, coasters, posters, window clings, etc. | Sign Up Sheet | NCCJ of Greater Dayton | December 2024 | IN PROGRESS |  |

**Strategy 2 - Enhance Skills**

**Workshops, seminars or other activities designed to increase the skills of participants, members and staff needed to achieve population level outcomes (e.g., training, technical assistance, distance learning, strategic planning retreats, curricula development).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Expand Youth Mental Health First Aid trainings to new parents, schools and library staff, hosting 3 new trainings. | host sites spread sheet | Dayton Children’s Hospital, MCPC Staff | June 2025 | NOT STARTED |  |
| Provide “Create a Shift in Thinking” or “Brain Architecture” training to parents and school staff, hosting 3 new trainings. | Host sites spread sheet | Dayton Children’s Hospital, MCPC Staff | June 2025 | NOT STARTED |  |
| Host gun safety table at 10 community events. | spread sheet of volunteer sign ups/items passed out |  | October 2025 | IN PROGRESS |  |

**Strategy 3 - Provide Support**

**Supporting people in activities that reduce risk or enhance protection (e.g., providing alternative activities, mentoring, referrals, support groups or clubs).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Promote and support Mental Illness Awareness Week (typically first week in October), reaching 1,000 individuals. | Social media views and shared the post; Set up a table- number of individuals who visited resources and took resources | NOVA Behavioral Health, Family Services Association, Montgomery County Educational Services Center | October 2024 | IN PROGRESS |  |
| Host 6 sessions of the suicide loss support group. | Sign in sheet; Report to MCPC through documentation and forms | Montgomery County ADAMHS, Premier Health | December 31st, 2025 | IN PROGRESS |  |
| Implement a LOSS team, recruiting at least 20 volunteers and community partners to serve. | Report to MCPC through documentation and forms | Montgomery County ADAMHS, Premier Health, Samaritan Behavioral Health | End of the grant cycle | IN PROGRESS |  |

**Strategy 4 - Enhance Access/Reduce Barriers**

**Improving systems and processes to increase utilization of systems and services (e.g., assuring healthcare, childcare, transportation, housing, justice, education, safety, special needs, cultural and language sensitivity).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Create mental health content aimed at youth to be posted on social media, resulting in 500 impressions. | Board IT/ Social Media staff to monitor clicks/ views/ shares of postings | Montgomery County Educational Services Center, Five Rivers Health Centers, GEM Art Project | Initial posting created and disseminated by July, follow-up metrics sent out beginning of school year | NOT STARTED |  |
| Host a neighborhood block party in a minority area of the community, having 150 individuals in attendance. | Meeting the goal of # in attendance, sign-up survey done by Board/ committee, Flyers created and put out in community, inviting other prominent city leaders | NCCJ of Greater Dayton, NOVA Behavioral Health, Montgomery County Juvenile Court, Five Rivers Health Centers, Premier Health, Montgomery County Educational Services Center | June 2024 | IN PROGRESS |  |
| Distribute 1,000 gun locks. | Track how many total be distributed (what is target #?) | Dayton VA, Dayton Children’s Hospital | December 2025 | IN PROGRESS |  |

**Strategy 5: Change Consequences**

**Changing the consequences for behavior that reduces risk or enhances protection against substance misuse (e.g., increasing public recognition for deserved behavior, individual and business rewards, taxes, citations, fines, revocations/loss of privileges).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Create an incentive program to reward and spotlight HR professionals that are equipped to support employees in a crisis, supporting 2 workplaces. | # of how many HR depts we work with | Premier Health, YouThrive Training & Consulting | Dec 2025 | NOT STARTED |  |
| Integrate suicide prevention messaging into Retailers Care, reaching 2 stores. | # of how many HR depts we work with | GEM Art Project, YouThrive Training & Consulting | Dec 2025 | NOT STARTED |  |

**Strategy 6: Change Physical Design**

**Changing the physical design or structure of the environment to reduce risk or enhance protection (Find areas of high substance use and create changes to lessen use, environment beautification/clean-up, increase lighting, add signage, implement positive messaging (murals, post-its, chalk art, etc.)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Put up suicide prevention advertising in suicide hot zones/zip codes, focusing on 3 zip codes | Spreadsheet of distributed ads | GEM Art Project, Dayton Children’s Hospital, Montgomery County Juvenile Court | December 2025 | NOT STARTED |  |
| Promote sensory spaces in 3 schools and offer resources to help them implement. | Photos of completed spaces/ Reports from schools | Dayton Children’s Hospital, NCCJ of Greater Dayton, Montgomery County Juvenile Court | May 2025 | NOT STARTED |  |
| Create 3 suicide prevention murals in various areas of the community. | Reports of completed murals | Montgomery County ADAMHS, NOVA Behavioral Health, Montgomery County Juvenile Court | December 2024 | IN PROGRESS |  |

**Strategy 7**

**Modify or change policies.**

**Advocating for change of school, local, state or national policies to decrease substance use and improve mental wellness (letter writing campaign, meeting with school or political officials, providing testimony)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Assist 2 employers in creating mental health days (outside of normal PTO) for employees. | Letters to unions,  List of those who do already  , #of changes written into policy | Premier Health, Goodwill Easter Seals Miami Valley, Omega CDC, Dayton Metro Libraries | August 2025 | NOT STARTED |  |
| Support 2 schools in working with the ESC to make policy change that focuses on restorative practices. | #of contacts with school administration  Spreadsheet | Montgomery County Educational Services Center, Dayton Children’s Hospital | July 2025 | NOT STARTED |  |

**Gaming & Gambling Prevention Strategic Action Plan**

**Objectives:**

* By September 29, 2028, keep the number of Montgomery County adults that are at risk for or experience a problem gambling disorder steady at 20% with the inclusion of sports betting data, as measured by the OMHAS Problem Gambling Survey.
* Introduce gambling data to Panorama in 2024-2025 school year, with a 2% decrease by the end of the 2025-2026 school year.

**Strategy 1 - Provide Information**

**Educational presentations or other presentations of data (e.g., public announcements, brochures, dissemination, billboards, community meetings, forums, web-based communication).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | By When? | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Create or utilize pamphlets on “Keeping Gaming Fun” and distribute at tabling events, reaching 2,000 individuals | Spreadsheet | Montgomery County Educational Services Center | May 2025 | NOT STARTED |  |
| Create a list of alternate fundraising activities for schools, churches and organizations to use, distributing to 45 locations | spreadsheet | Montgomery County Educational Services Center | December 2025 | NOT STARTED |  |
| Create and distribute report sharing sports betting environmental scan results, distributing to 50 individuals | spreadsheet | Montgomery County Educational Services Center | December 2025 | NOT STARTED |  |

**Strategy 2 - Enhance Skills**

**Workshops, seminars or other activities designed to increase the skills of participants, members and staff needed to achieve population level outcomes (e.g., training, technical assistance, distance learning, strategic planning retreats, curricula development).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Add gambling prevention information to 2 already-existing prevention programs | Provider statistics | Dayton Children’s Hospital, Montgomery County Educational Services Center | October 2025 | NOT STARTED |  |
| Create a 30-minute PD opportunities for schools/PTAs/parents regarding gaming and gambling prevention, reaching 50 individuals | Training Sign-In Sheets | Dayton Children’s Hospital, Hollywood Gaming Racino | December 2025 | NOT STARTED |  |

**Strategy 3 - Provide Support**

**Supporting people in activities that reduce risk or enhance protection (e.g., providing alternative activities, mentoring, referrals, support groups or clubs).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Host a table at Hollywood Gaming during PGAM (March) and Responsible Gaming Education Month (September), distributing materials to 3,000 individuals | tally at tables | All | October 2025 | IN PROGRESS |  |
| Support 3 pop-up events or festivals where gambling occurs to ensure best practices | Committee report-outs |  | December 2025 | NOT STARTED |  |

**Strategy 4 - Enhance Access/Reduce Barriers**

**Improving systems and processes to increase utilization of systems and services (e.g., assuring healthcare, childcare, transportation, housing, justice, education, safety, special needs, cultural and language sensitivity).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Promote already-created statewide resources (Time Out Ohio, Pause Before You Play, Gamban, Change the Game Ohio, etc.) reaching 500 individuals. | Spreadsheet/Social media analytics | Hollywood Gaming Racino | December 31, 2025 | NOT STARTED |  |
| Work with 5 schools to help them overcome barriers to offering gambling prevention curriculum for students. | Provider data | Dayton Children’s Hospital | June 30, 2025 | NOT STARTED |  |

**Strategy 5: Change Consequences**

**Changing the consequences for behavior that reduces risk or enhances protection against substance misuse (e.g., increasing public recognition for deserved behavior, individual and business rewards, taxes, citations, fines, revocations/loss of privileges).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Create an incentive program to reward organizations that agree to change their fundraising practices resulting in 2 organizations changing their policies. | Report out at committee meetings |  | June 2025 |  |  |
| Create a passport program for Digital Detox 101, with 20 individuals participating. | Spreadsheet with participating stores/activities | Montgomery County Educational Services Center, Goodwill Easter Seals Miami Valley | October 2025 | IN PROGRESS |  |

**Strategy 6: Change Physical Design**

**Changing the physical design or structure of the environment to reduce risk or enhance protection (Find areas of high substance use and create changes to lessen use, environment beautification/clean-up, increase lighting, add signage, implement positive messaging (murals, post-its, chalk art, etc.)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Provide Problem Gambling Help Line signage to stores that did not have it based off the environmental scan, reaching 10 stores. | Spreadsheets | Montgomery County Educational Services Center | October 2024 | NOT STARTED |  |
| Provide stickers or other items to display at bingo games across the community, reaching 5 locations. | Spreadsheets | Montgomery County Educational Services Center | December 2025 | NOT STARTED |  |

**Strategy 7**

**Modify or change policies.**

**Advocating for change of school, local, state or national policies to decrease substance use and improve mental wellness (letter writing campaign, meeting with school or political officials, providing testimony)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Create sample policy for schools to implement an age requirement for youth to assist with any gambling-related fundraising activities, supporting 10 schools. | Spreadsheet/report outs |  | June 2025 | NOT STARTED |  |
| Create and send a letter of support for the NCAA against college-level sports betting in Ohio. | Development/sending of letter |  | October 2024 | IN PROGRESS |  |

**Power-Based Violence Prevention Strategic Action Plan**

**Objective:** By December 31, 2025, decrease the percentage of Montgomery County youth who have experienced physical, emotional and sexual abuse by 2%, as measured by the corresponding questions in the Ohio Healthy Youth Environment Survey. This would result in 8% reporting physical abuse, 32% reporting emotional abuse, and 3% reporting sexual abuse.

**Strategy 1 - Provide Information**

**Educational presentations or other presentations of data (e.g., public announcements, brochures, dissemination, billboards, community meetings, forums, web-based communication).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Create or edit literature offering tips for parents on how to talk to their kids about violence to be distributed online or at tabling events, reaching 500 individuals.\* | MCPC Spreadsheet | Dayton Metro Libraries, Dayton Children’s Hospital, Gracehaven, Carehouse, Goodwill EasterSeals Miami Valley | Create literature by end of Summer ‘24. | IN PROGRESS |  |
| Host 4 Community Conversations, during April and October, to share information on sexual assault and domestic violence, respectively, reaching 50 individuals. | Sign-in sheets | Dayton Metro Libraries, Dayton Chilldren’s Hospital | Ending November 2025 | NOT STARTED |  |

**Strategy 2 - Enhance Skills**

**Workshops, seminars or other activities designed to increase the skills of participants, members and staff needed to achieve population level outcomes (e.g., training, technical assistance, distance learning, strategic planning retreats, curricula development).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Organize event(s) to prepare teachers and schools to implement the Erin’s Law requirements, reaching 25 schools. | Training registration reports | Dayton Children’s Hospital | July-Aug 2025 | IN PROGRESS |  |
| Facilitate 6 Stewards of Children trainings for school staff and general community members. | Training registration reports | University of Dayton, Family Services Association, CareHouse | December 2025 (Quarterly Trainings) | NOT STARTED |  |

**Strategy 3 - Provide Support**

**Supporting people in activities that reduce risk or enhance protection (e.g., providing alternative activities, mentoring, referrals, support groups or clubs).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Facilitate connections between local Erin’s Law providers to assist with 10 Montgomery County schools reaching state requirements. | Tracking sheet | Dayton Children’s Hospital, South Community | August 2025 | IN PROGRESS |  |
| Have 50 participants take the local business survey. | Survey results sheet | Public Health Dayton Montgomery County | June 2025 | IN PROGRESS |  |
| Facilitate connections between 15 businesses and local resources in response to needs from our local business survey. | Tracking sheet |  | December 2025 | NOT STARTED |  |

**Strategy 4 - Enhance Access/Reduce Barriers**

**Improving systems and processes to increase utilization of systems and services (e.g., assuring healthcare, childcare, transportation, housing, justice, education, safety, special needs, cultural and language sensitivity).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Facilitate connections with prevention providers and 20 local organizations that are in need of violence prevention education. | Tracking sheet | Dayton Children’s Hospital | December 2025 | NOT STARTED |  |
| Update the PBV website to include a comprehensive list of easy-to-access resources, reaching 100 individuals. | how many people visit site | PBV Co-Chairs, Public Health Dayton Montgomery County | December 2025 | NOT STARTED |  |

**Strategy 5: Change Consequences**

**Changing the consequences for behavior that reduces risk or enhances protection against substance misuse (e.g., increasing public recognition for deserved behavior, individual and business rewards, taxes, citations, fines, revocations/loss of privileges).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Support 10 schools involved in the SEP and YLP programs to hold conversations around education in response to perpetration. | Tracking sheet | Samaritan Behavioral Health, Goodwill Easter Seals Miami Valley | End of May 2025 | IN PROGRESS |  |
| Recognize 3 community leaders that are doing exceptional work in reducing power-based violence. | Full Coalition shoutouts; keeping track of awareness/prevention-related events | Samaritan Behavioral Health, PBV Co-Chairs | End of year 2025, (~1 recognition every 6 months) | NOT STARTED |  |

**Strategy 6: Change Physical Design**

**Changing the physical design or structure of the environment to reduce risk or enhance protection (Find areas of high substance use and create changes to lessen use, environment beautification/clean-up, increase lighting, add signage, implement positive messaging (murals, post-its, chalk art, etc.)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Implement accessible resource signage in bathrooms, RTA stops, etc., creating change in 50 locations. | Tracking sheet | PBV Co-Chairs, Public Health Dayton Montgomery County | EOY 2025 (broken up into quarters?) | NOT STARTED |  |
| Create one power-based violence prevention public art project (mural, coasters, etc.). | If the project is completed or not | PBV Co-Chairs, Dayton Children’s Hospital | DVAM (October) 2025 | NOT STARTED |  |

**Strategy 7**

**Modify or change policies.**

**Advocating for change of school, local, state or national policies to decrease substance use and improve mental wellness (letter writing campaign, meeting with school or political officials, providing testimony)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Educate 10 elected officials on best practices in rent control and safe housing access for survivors. | Spreadsheet, # of contacts with officials | University of Dayton | December 2025 | NOT STARTED |  |
| Reach out to 7 elected officials to advocate for implementing a local policy creating accountability for schools in implementing Erin’s Law. | Spreadsheet; report out at P&A meetings | University of Dayton, Dayton Children’s Hospital, Family Services Association | December 2025 | NOT STARTED |  |

**Self-Care Strategic Action Plan**

**Objective:** By September 29, 2028, decrease the number of Montgomery County youth who have reported experiencing at least one ACE to 66% (2% decrease), as reported by the Ohio Healthy Youth Environment Survey.

**Strategy 1 - Provide Information**

**Educational presentations or other presentations of data (e.g., public announcements, brochures, dissemination, billboards, community meetings, forums, web-based communication).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Create a social media plan sharing information on how to incorporate self-care throughout the work day, reaching 500 individuals. | Analytics from MCPC social media; web page | Spectrum New Beginnings | Dec. 2025 | NOT STARTED |  |
| Send information to school administrators explaining the importance of self-care for teachers and making recommendations for improvement, reaching 3 schools. | Utilize the 10 YLP schools for 2024/2025 school year | The Detour Program | June 2025 | NOT STARTED |  |

**Strategy 2 - Enhance Skills**

**Workshops, seminars or other activities designed to increase the skills of participants, members and staff needed to achieve population level outcomes (e.g., training, technical assistance, distance learning, strategic planning retreats, curricula development).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Provide SRM trainings for youth, parents, grandfamilies, teachers and youth-serving organizations, training 800 individuals. | R. Lewis/W. Berkshire training; others who are SRM trained | East End Community Services | Dec. 2025 | IN PROGRESS |  |
| Add self-care components to 3 existing prevention curriculums | Collaborate with preventionists from Self-Care Committee who are teaching in schools |  | Dec. 2025 | IN PROGRESS |  |

**Strategy 3 - Provide Support**

**Supporting people in activities that reduce risk or enhance protection (e.g., providing alternative activities, mentoring, referrals, support groups or clubs).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Provide recommendations for 3 Youth Leadership in Prevention schools to implement mindfulness practices during the school day. | YLP Monthly report | MCPC Staff | May 2025 | IN PROGRESS |  |
| Support 1 neighborhood associations in adding mental health related activities in their meetings. | Tracking neighborhood associations via Excel Sheet w/ contacts & meeting times | Goodwill Easter Seals Miami Valley, Public Health Dayton Montgomery County | December 2025 | NOT STARTED |  |

**Strategy 4 - Enhance Access/Reduce Barriers**

**Improving systems and processes to increase utilization of systems and services (e.g., assuring healthcare, childcare, transportation, housing, justice, education, safety, special needs, cultural and language sensitivity).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Create a social media plan to share evidence-based mindfulness tips on our social media sites, reaching 600 individuals. | Social media post analytics | Premier Health, Spectrum New Beginnings | December 2025 | NOT STARTED |  |
| Promote the Dayton Children’s Hospital Youth and Family Resource Connection to ensure families are aware of the resource and how to use it, reaching 250 families. | Tracking sheets for physical handouts; website tracking for digital |  | December 2025 | NOT STARTED |  |

**Strategy 5: Change Consequences**

**Changing the consequences for behavior that reduces risk or enhances protection against substance misuse (e.g., increasing public recognition for deserved behavior, individual and business rewards, taxes, citations, fines, revocations/loss of privileges).**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Create an incentive program rewarding teachers that make a mental health referral for a student, rewarding 10 teachers. | Nomination Form from schools | Self-Care Co-Chairs | June 2025 | NOT STARTED | No |
| Distribute teacher appreciation cards to all teachers in honor of Teacher Appreciation Week (early May), reaching 6 schools | By School (rather than by # of teachers) | Self-Care Co-Chairs, NCCJ of Greater Dayton | May 2025 | IN PROGRESS | Yes |

**Strategy 6: Change Physical Design**

**Changing the physical design or structure of the environment to reduce risk or enhance protection (Find areas of high substance use and create changes to lessen use, environment beautification/clean-up, increase lighting, add signage, implement positive messaging (murals, post-its, chalk art, etc.)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Work with Five Rivers Metro Parks to design and implement a permanent Mindfulness Walk at one of their parks. | Number of parks to complete activity OR Number of signs posted on path | UMADAOP of Dayton, East End Community Services | June 2025 | IN PROGRESS | No |
| Work with 1 school to create a “Zen Den” or break room for teachers. | Number of “Zen Dens” located in the school | Montgomery County ADAMHS | December 2024 | IN PROGRESS | Yes |

**Strategy 7**

**Modify or change policies.**

**Advocating for change of school, local, state or national policies to decrease substance use and improve mental wellness (letter writing campaign, meeting with school or political officials, providing testimony)**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Measurable Activity** | **How will we measure this?** | **Who is responsible?** | **By When?** | **Progress (COMPLETED, IN PROGRESS, ON HOLD, NOT STARTED)** | **Project Team Needed?** |
| Raise awareness for mental health concerns for youth, addressing 1 piece of legislation. |  | Family Services Association, Montgomery County Educational Services Center, Dayton Children’s Hospital |  | COMPLETED |  |
| Provide support for 32 schools in response to HB 68 (gender-affirming care) |  |  |  | NOT STARTED |  |